Physical Education/Health Report Card Descriptors

Subject	Broad Category	1	2	3	4
Physical Education (Grades 1-5)	Demonstrates competency in motor skill and movement patterns needed to perform physical activity.		X		Х
	Participates regularly in physical activity.		Х		Х
	Exhibits good sportsmanship and respects self and others in physical activity.		Х		Х
Health (Grades 4-5)	Demonstrates and identifies an awareness of healthy decision making and wellness. (hygiene/head lice, wellness, safety, body systems.		х		
	Demonstrates and identifies an awareness of healthy decision making and wellness. (nutrition, drug and alcohol, sleep and rest, non communicable disease, eyes, ears, teeth).				Х
	Participates appropriately		Х		Х